

Chronic post-surgical pain (CPSP)

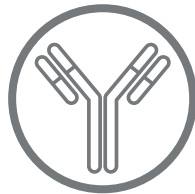


CPSP is a significant problem affecting **millions** of patients each year, with pain lasting for **months or years** post-procedure^{1,2}

The development of CPSP is complex and multifactorial; it is thought to involve the interplay of:⁵



Patient factors



Inflammatory and immune responses to tissue and nerve damage



Choice of surgical, anaesthetic and analgesic techniques applied⁵

Diagnosis of CPSP is made if pain localised to the surgical field or within the nerve territory **has persisted for 3–6 months post-surgery** and other causes of pain have been excluded¹



There are multiple pre-, intra- and post-operative risk factors for the development of CPSP, such as:^{3,4}



Comorbidities



Minor versus major surgery



Strategy of managing post-surgical pain